



VIKINGLAND CURLING



2020

RETURN TO CURLING POLICIES FOR COVID-19

Version 1.6





Hello Vikingland Curling Club Members and Guests,

This document states our current policies for COVID-19 as applied to curling during the 2020-21 season. These policies and this document are of course dynamic as environmental circumstances and guidelines from governing entities change. We appreciate your understanding and flexibility. As curlers, we are good at following the rules and self-policing. In keeping with this tone, it is a great reminder to all of us to act in positive and productive manner these challenging and fluid times.

The Spirit of The Game

“Curling is a game of skill and traditions. A shot well executed is a delight to see and so, too, it is a fine thing to observe the time-honored traditions of curling being applied in the true spirit of the game. Curlers play to win but never to humble their opponents. A true curler would prefer to lose rather than win unfairly.”

“A good curler never attempts to distract an opponent or otherwise prevent another curler from playing his or her best.”

“No curler ever deliberately breaks a rule of the game or any of its traditions. But, if a curler should do so inadvertently and be aware of it, he or she is the first to divulge the breach.”

“While the main objective of the game is to determine the relative skills of the players, the spirit of the game demands good sportsmanship, kindly feeling and honorable conduct. This spirit should influence both the interpretation and application of the rules of the game and also the conduct of all participants on and off the ice.”

According to the Minnesota Department of Health curling is a medium risk sport for COVID-19. We believe our members can play in our league and otherwise use the facility for practice and events safely. However, we will need 100% compliance to these policies to make that possible and prevent us from having an incident that would require us to close again. We also understand closures may happen, and we are prepared for that possibility.

Good Curling,
Vikingland Curling Board



General

- **As of 7/25/2020 all members and guests are required to wear masks or face coverings.**
- Expectation is that you stay home if you are sick – i.e. displaying signs of Flu or Covid-19 – Fever greater than 100.4F, Cough, New respiratory issues, loss of taste/smell. Follow CDC recommendations. Please use the included **COVID-19 Self-Screening Questionnaire** to assist you in your personal assessment.
- Will continue to do 8 End Games.
 - Sheets A, C & E will start their game at the North end of the arena.
 - Sheets B & D will start their game at the South end of the arena.
- Locker Rooms will be closed. Please arrive dressed and ready to play. Shoes can be changed at the West Rink's south end or up in the lounge on chairs adequately spaced.
 - Club will post flow information for entry/exit to reduce possibility of congestion in high flow areas.
- Only ice technicians should handle ice making equipment.
 - No member should handle
 - Scraper
 - Pebbling Equipment
- Ice Cleaning Equipment.
 - Sanitized by staff before each game.
 - When cleaning ice, players doing the cleaning should follow these steps.
 - Remove gloves.
 - Sanitize hands.
 - Clean ice.
 - Sanitize hands again.
- Rocks and Club Brooms
 - Rocks and brooms will be sanitized between draws.
 - Each player using a club broom is responsible for sanitizing the broom prior to placing it back into the storage closet.



Game Play

- **Masks or face coverings are required.**
- No handshakes or elbow bumps.
 - A simple “Good Curling” or “Good luck” will suffice.
- Only Thirds / Vice Skips to interact with scoreboards.
- Do not touch any stones, other than the ones you are throwing.
 - All players retrieve their own stones for shooting.
 - At the completion of an end, one player from each team (typically the person in charge of the House) should use his or her feet to clear his or her team’s stones from play.
 - When measuring, players doing the measure should follow these steps.
 - Remove gloves.
 - Sanitize hands.
 - Do measurement.
 - Sanitize hands again.
 - Only one sweeper per stone.
 - No relaying the sweep (sweeper switches with team-mate halfway down the ice).
 - Skip/Vice-Skip also should not assist sweeping.
 - Non-delivering team Skip may not enter the house until it becomes necessary to sweep behind the Tee Line or opposing Skip relinquishes control.
 - Non-delivering team locations.
 - Skip stands behind the playing end Hack.
 - Sweepers stand near the center of the ice.
 - Next to deliver can be at the delivering end courtesy line.
 - Always social distance from other players on your sheet and neighboring sheets.
 - See “The Safe Way to Play” diagram. Source: Four Seasons Curling Club
 - Delivering team locations.
 - Skip in the House.
 - Shooter in the Hack.
 - Single Sweeper at the near Tee Line.
 - Timer at the near Hogline (opposite of Next to deliver from opposition).
 - See “The Safe Way to Play” diagram. Source: Four Seasons Curling Club
 - “Broomstacking” upstairs is not allowed until further notice.

COVID-19 Self-Screening Questionnaire

1. Do you have a fever of 100.4 F or greater?
2. Do you or have you had any flu-like symptoms in the last 14 days?
 - Cough
 - Shortness of Breath
3. Or at least two of these symptoms:
 - Fever
 - Chills
 - Repeated shaking
 - Fatigue
 - Muscle aches
 - Vomiting
 - Headache
 - Sore throat
 - New loss of taste or smell
 - Malaise
 - Nausea
 - Diarrhea
4. Are you awaiting results of a lab test for COVID-19?
5. Have you tested positive for COVID-19? When?
6. Have you or a family member previously been asked to self-isolate or self-quarantine in the past 14 days?
7. Have you had close contact to an individual diagnosed with COVID-19 infection in the past 14 days?

If yes to any of the above questions, refrain from play and contact Jason Rauk, then reevaluate.